

# PARABOLA

{Where Spiritual Traditions Meet}

## About the Magazine

**Parabola** is the only magazine that brings together the foremost writers and thinkers of our time to explore timeless themes of human existence through the wisdom of the sacred traditions, myth, symbol, art, folklore, and ritual. **Parabola** is also the winner of the 1996 and 1997 FOLIO Award for Editorial Excellence.

Each quarterly issue is organized around a central theme. "The Way Ahead," "The Right Path," "Water," "Imagination," "Justice," "Man & Machine," "God," "Silence," "The New World," "Holy Earth," "Sex," "Faith," "Home," and "Thinking" have been some of our recent themes.

## Some Recent Editorial Features:

Articles by contributors such as Christopher Bamford, John Roger Barrie, Charlotte Joko Beck, Venerable Bhikkhu Bodhi, Joseph Bruchac, Tracy Cochran, David A. Cooper, Gray Henry, Hazrat Inayat Khan, Joyce Kornblatt, Winifred Lambrecht, Roger Lipsey, John Daido Looi, Venerable Narada Mahathera, Seyyed Hossein Nasr, Jacob Needleman, James Opie, P.D. Ouspensky, David Rothenberg, Martin Rowe, Sarah Jane Sloane, Huston Smith, Richard Smoley, Rabbi Adin Steinsaltz, Phyllis Tickle, Doug Thrope, Simone Weil, Christian Wertenbaker, and Diane Wolkstein.

Retellings of traditional myths, stories, and parables.

Poetry by Sandra Alcosser, A.R. Ammons, Moya Cannon, C.P. Cavafy, Jack Gilbert, Hafiz, Kerry Hardie, Al-Hujwiri, Lal Ded, Martha Heyneman, Denise Levertov, Linda McCarriston, Osip Mandelstam, Pablo Neruda, Mary Oliver, Muriel Rukeyser, Rumi, Fritjof Schuon, Gioia Timpanelli, Anne Twitty, Wang Wei, Rainer Maria Wilke, and James Wright.

Reviews of books and events, as well as commentary on recent works in theater, dance, music, film, and television. Interviews with respected thinkers such as Karen Armstrong, Iraj Anvar, Stephen Batchelor, Dr. K.S. Balasubramaniam, Sufi master Sheikh Fariha, Robert Kennedy S.J., Wangari Maathai, Nipun Mehta, Ravi Ravindra, Robert A.F. Thurman, Thich Nhat Hanh, and Marion Woodman.

Artwork gathered from cultures worldwide to complement and illuminate the ideas explored in the magazine.

Each issue is a beautifully designed, sturdily bound paperback of 128 pages.

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## The Parabola Magazine Buyer

*“I’ve subscribed to Parabola for thirty years, and I’ve saved every copy of the magazine. I always look forward to reading the latest issue. It’s given me spiritual sustenance—no other way to say it.”* – **Martin Scorsese**

**Parabola** attracts a highly educated, affluent, and conscientious readership of book buyers and book lovers of all ages. The **Parabola** Book Review section is not only the favorite feature of many readers, but also exerts a strong influence on their book-buying choices.

As you might expect, this group has a keen interest in mythology, religion, anthropology, history, science, literature, and the arts. But you might be surprised to learn that their other interests range from hiking to art collecting, from organic gardening to music. They are avid travelers as well, taking an average of three trips outside the U.S. in the past four years.

**Parabola** readers treasure their back issues as a permanent part of their libraries, a source of ideas to re-read, reflect on, and share with their friends. All back issues are kept in print — about 5,000 units were sold in the past year.

**Parabola** magazine is an effective and economical means to reach a well-targeted and influential audience. We look forward to including you in our pages.

## Circulation and Subscription Information

Paid circulation 19,300  
Pass-along readership 58,000

Distribution in the United States and Canada is handled by a diverse group of distributors, including Ingram Periodicals, OneSource, and SourceInterlink.

Print subscriptions: \$29.95 for one year in the United States; \$39.95 for one year to Canada; \$45.95 for one year to other international locations. A single copy is \$9.50.  
Print and digital subscriptions: \$39.95 for one year in the United States; \$49.95 for one year in Canada; \$55.95 for one year to other international locations.

**Parabola** is published four times a year by the Society for the Study of Myth and Tradition, a not-for-profit educational organization.

# PARABOLA

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## READER SURVEY

### DEMOGRAPHICS:

#### Sex:

Male: 42%

Female: 58%

#### Age:

Under 34 years: 10%

35 – 54 years: 30%

55 – 65+ years: 60%

#### Marital Status:

Married or partnered: 61%

Single: 39%

#### Children:

Under 18 in the household: 16%

#### Education:

College degree: 83%

Masters degree: 38%

Ph.D.: 8%

35% plan on returning to school for a degree or certificate

Post-doctoral or professional degree: 5%

#### Average Household Income:

\$79,000 annually

\$100K or more: 24%

\$50K to \$100K: 41%

Less than \$50K: 35%

#### Homeowner:

Yes: 67%

No: 33%

#### Employment Status:

Full-time or part-time: 59%

Temporarily unemployed: 6%

Homemaker or student: 6%

Retired: 28%

Other: 10%

(Continued on page 2)

#### Profession/livelihood:

Educator: 23%

Artist or craftsperson: 13%

Psychologist or counselor: 10%

Business owner or manager: 11%

Health professional: 8%

Spiritual vocation: 7%

Other employed: 28% (less than 3% for any given category)

### READER INVOLVEMENT WITH PARABOLA

#### Subscriber history:

56% have subscribed for more than 1 year

13% have subscribed within the last year

31% buy it at newsstand or read it on-line

Pass-along: 2 readers per copy on average

#### Average time spent with each issue:

3 hours or more: 55%

Between 1 and 3 hours: 39%

Less than 1 hour: 6%

#### How they read Parabola:

Read or scan the entire issue: 88%

Re-read and referred back to old issues: 77%

Discussed articles with friends: 69%

Referred someone to Parabola: 67%

#### Favorite sections:

#1 Features

#2 Interviews

#3 Poetry

#4 Book Reviews

#### Why they read Parabola:

#1 Exploration of human existence

#2 Inspiration

#3 Unique focus and perspective on spiritual traditions

#### Web visits to [www.parabola.org](http://www.parabola.org):

39% regularly visit our website

53% sometimes visit our website

8% never visit

For advertising information contact  
Goodfellow Publishers' Representatives  
(510)548-1680 or [parabola@gpr4ads.com](mailto:parabola@gpr4ads.com)

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## **PSYCHOGRAPHICS**

### **Activities during the last year:**

79% read at least 1 daily newspaper and/or website

78% practiced meditation

76% attended movies or plays

75% visited an art exhibition or museum

63% attended a lecture or symposium

53% attended a conference or convention

71% attended a church, temple, sangha or other spiritual group

### **Religious or spiritual identity:**

Non-sectarian: 41%

Christian: 25%

Buddhist: 10%

Other: 15% (under 3% each for individual categories)

Agnostic/atheist: 2%

No answer: 7%

### **Body/mind activities:**

65% exercised regularly

40% visited an alternative healer, homeopath or herbalist

37% practiced a body/mind discipline other than yoga

34% practiced yoga

2% did none of the above

### **Socially and political activities:**

82% are involved with friends, family and community

75% vote in most elections, local and national

71% share their thoughts on politics and society with others

## **INTERNET USAGE:**

### **Daily:**

44% spent between than 2 and 4 hours

40% spent between one-half and 2 hours

14% spent more than 5 hours

2% spent less than 30 minutes

## **Social**

### **Networking:**

Facebook: 63%

E-newsletter subscriber: 62%

Blog: 24%

Twitter: 15%

None of these: 12%

### **New media:**

37% a tablet computer (laptop, iPad etc.)

33% own a smartphone

20% own an e-reader

40% none of the above

## **SHOPPING HABITS**

### **In the last year:**

Books: \$253 on avg. (25% spent \$400+)

Music: \$131 on avg. (29% spent \$150+)

68% regularly purchase "Fair Trade" products

76% regularly purchase organic, natural, and sustainable products

## **VACATIONS**

1.9 per year (average vacations of 3 days or more)

28% average 3 or more vacations per year

### **Types of trips they are considering:**

Family vacation: 44%

Spiritual retreat: 40%

Foreign travel: 28%

Camping, hiking, climbing: 26%

Cultural tour or travel: 20%

### **Foreign travel in last 3 years:**

46% took at least one trip outside the U.S.

19% took 3 or more trips outside the U.S.

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**For Print Advertising Rates Contact:**  
**Goodfellow Publishers' Representatives**  
**(510) 548-1680**  
[parabola@gpr4ads.com](mailto:parabola@gpr4ads.com)

## Deadlines & Themes

(Subject to change)

<b>Issue</b>	<b>Theme</b>	<b>Reservations</b>	<b>Materials</b>	<b>On Sale</b>
<b>Spring 2023</b>	<i>Transformation</i>	12/8/2022	12/16/2022	2/1/2023
<b>Summer 2023</b>	<i>The Cosmos</i>	3/8/2023	3/16/2023	5/1/2023
<b>Fall 2023</b>	<i>Saints and Sinners</i>	6/6/2023	6/14/2023	8/1/2023
<b>Winter 2023</b>	<i>Comfort and Joy</i>	9/5/2023	9/13/2023	12/1/2023

**For Ad Reservations Contact:**  
Goodfellow Publishers' Representatives  
1191 Solano Ave #6038, Albany, CA 94706  
(510) 548-1680 [parabola@gpr4ads.com](mailto:parabola@gpr4ads.com)

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## Ad Specifications

Trim Size: 6-1/2"w x 10"h  
Perfect Bound

Sizes	Width x Height
Covers/Page One (Add 1/8 in. bleed all sides)	6-3/4" x 10-1/4"
Full page (no bleed)	5" x 8"
Half page, horizontal	5" x 4"
Half page, vertical	2-3/8" x 8"
Quarter page, horizontal	5" x 2"
Quarter page, vertical	2-3/8" x 4"

**File Formats:** (In order of preference)

- 1) PDFX1-A or PDF/X-3 (press optimized).  
PDFs of native files which include transparencies should be flattened.
- 2) EPS (Mac) or Adobe Illustrator 8.0 or earlier - Convert all fonts to outlines.
- 3) Quark 7-9.5 for Mac - Include working file, images, Mac screen and printer fonts.  
Postscript fonts only. Tell us which version of Quark you are using.
- 4) TIFF or JPEG\* — 300 DPI grayscale/CMYK or 1200 DPI line-art. Rasterized formats such as TIFF and JPEG will not print as crisply in the magazine as PDF or EPS, what you see on your screen does not necessarily reflect the output of a high-resolution printing process.

No TrueType, Open Type, or PC fonts. No PageMaker or InDesign files.

All logos, images, backgrounds and other graphic elements of your ad are required to be **at least 300 dpi resolution (or higher) and CMYK color** so that the **final file and all it's elements are CMYK and 300 dpi (or higher) in resolution.**

Include a border if your ad has an all white background (does not apply to bleed Full Pages/Covers)

Only Covers and Page 1 ads have bleeds: Add an additional 1/8 in. bleed on all sides

**Include your company name in the file name of your ad so we can identify it.**

## **File Submission**

**\*Send your ad file via <http://bit.ly/PBfiles> - See Submission Instructions for detailed info.**

## **Proofs**

Ads should be accompanied by a proof. Color ads need a Matchprint or SWOP proof. *Parabola* cannot guarantee color, text reflow, and/or other variations in ads that are submitted without an appropriate proof. Immediately after submitting your digital file, mail your proof to *Parabola*/Alexandra Haven, c/o Alexander Wulfers, St Johns College, St Giles', Oxford, United Kingdom OX1 3JP  
(Do not send payments to this address!)

## **Submission Instructions**

**Please send your ad files using our DropBox\* following the instructions below.**  
*You do not need to have a dropbox account, sending is free.*

**Name your ad file with your Company Name  
the ad was reserved under.**

- 1) \*Go to <http://bit.ly/PBfiles>  
(dropbox)
- 2) Click on “Choose Files” button.
- 3) Select your ad file from your computer.
- 4) Enter your First & Last Name as well as email address.
- 5) Click on the “Upload” Button
- 6) Wait until you get the “Done!” confirmation page before exiting your browser.

Dropbox.com will email both you and Parabola automatically once files are uploaded.

If you are having difficulty uploading, try using a different browser. Another tip is to try using your browser in private or incognito mode if you cannot upload.

Problems? Contact Liz at GPR: [Liz@gpr4ads.com](mailto:Liz@gpr4ads.com) (510) 548-1680

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## **Advertising Terms**

15% of gross billing allowed to recognized agencies, provided account is paid within terms. Not applicable to web or newsletter advertising.

Payment must be made within 30 days of invoice date. A 1 1/2 % service charge per month will be added to overdue accounts after 60 days.

First time and/or international print must pre-pay with insertion/reservation.

No cancellations accepted after printed reservation deadline/closing dates.

All copy is subject to approval by publisher. Publisher reserves the right, without liability, to reject, omit or exclude any advertisement for any reason at any time with or without notice to the advertiser or advertising agency, whether or not such advertisement was previously acknowledged, accepted or published.

Publisher's liability for any error will not exceed 50% of the cost of the space unit. Publisher assumes no liability for errors in "key numbers" or other typesetting changes. Advertiser or advertising agency assumes full liability for any and all claims, which are a result of advertisements printed.

If new copy is not furnished by contract advertiser by closing date of any issue, publisher will repeat last inserted advertisement.

Contracts must be completed within one year from the date of first insertion.

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